

# Spotlight on Quality Observation

**Subject:** From Feeling to Fact – Stronger Observations

Now that you've completed the Parent-Child Interaction Observation training, this microlearning will help you apply what you learned in your daily practice.

Observation is most meaningful when it's objective and focused on what you see *and hear*. Factual, complete notes help build trust with families and keep reflections strength-based, not judgmental.

## LOOK FOR:

Descriptions that include both caregiver and child behaviors.



Specific actions rather than interpretations (“He looked at Mom and smiled” vs. “He was happy”).



A full sequence—what happened before, during, and after the interaction.



## PRACTICE TIP:

During your next visit, write a 3–4 sentence observation using just the facts. Then share one strength with the caregiver:

*“When Kai smiled at you, and you smiled back, that connection really stood out. He knows you’re tuned in.”*

## RESOURCE:

To learn more  
**Foundational Guidance  
 for Parent Caregiver  
 Child Interaction  
 Observation**

