

Spotlight on Glimmers

Subject: Small Signs, Big Meaning – Noticing Glimmers of Connection

Now that you've completed the Parent-Child Interaction Observation training, this microlearning will help you apply what you learned in your daily practice.

"Glimmers" are the small, bright signs of connection that show growth—a shared laugh, a calm reassurance, or a look of joy. Helping parents see these moments strengthens hope, confidence, and reflection.

LOOK FOR:

The child leaning toward the parent or seeking comfort.



The parent's gentle tone, patience, or shared joy.



Micro-moments of calm, laughter, or curiosity between them.



PRACTICE TIP:

During your next visit, write a 3–4 sentence observation using just the facts. Then share one strength with the caregiver:

"I noticed when Janelle clapped, and you clapped too—she lit up! Those moments really strengthen her sense of safety and joy."

These reflections remind families that connection is happening—often in the smallest moments.

RESOURCE:

Share resources from **Zero to Three's: Building Connection Through Everyday Moments.**

