

Spotlight on Partnering Through Observation

Subject: Observe Together – Build Trust Together

Now that you’ve completed the Parent-Child Interaction Observation training, this microlearning will help you apply what you learned in your daily practice.

Observation isn’t just for data—it’s a way to partner with families. Watching and reflecting *together* helps caregivers see their child’s strengths and feel empowered as experts on their own child.

LOOK FOR:

Natural opportunities to observe—playtime, feeding, cuddling.



The caregiver’s curiosity or pride when watching their child.



Chances to co-reflect: “What stood out to you about that moment?”



PRACTICE TIP:

Try inviting parents into observation:

“Would you be open to me watching a few minutes while you and Ezra play? I’d love to see how you two connect.”

Or after sharing a clip:

“What did you notice about how she looked at you there?”

When parents see themselves as capable and attuned, reflection deepens and trust grows.

RESOURCE:

Take time to watch this video with families to open discussion around child-adult connection.

Zero to Three: Connecting with Babies Video

